

## Call for Participants

# TAP DANCING FOR HEALTH

We are calling for participants for the Tap Dancing for Health research program. These classes are for fit, healthy and able bodied people with Parkinson's disease, Multiple Sclerosis or Stroke. To be selected you need to complete the screening process and be able to dance:

- wear comfortable clothing - pants are preferable (avoid wearing skirts)
- wear flat comfortable shoes - runners are preferable (avoid wearing high heels)
- bring your medication with you
- have your carer or family member's contact details with you every time
- have your doctor's contact details with you
- bring your own snacks as food is not provided for safety reasons
- water will be provided - bring your own water bottle if preferred

### DATES & TIME OF CLASSES

**Dates:** Tuesdays in November, starting 8 November and first 2 weeks in December 2016.

**Time:** 2.30pm to 3.30pm - please arrive no later than 2.15pm to prepare for the class

### VENUE

The National Institute of Integrative Medicine (NIIM)

21 Burwood Road, Hawthorn

Facilities of the building include disability access, suitable toilets and an accessible lift

On arrival please take the lift to level 3 - classes will be conducted in the NIIM Lecture Theatre

### TRANSPORT

**Train:** Hawthorn Station is located across the road

**Tram:** Route 75 - Stop 25 (St James Park) along Burwood Rd, to/from the city

**Driving:** Melways map reference: Map 45 A10

**Parking:** Limited onsite car parking is available at rear of the venue on a space available basis

On-street parking is available in nearby local streets (please observe parking restrictions)

Multi-level underground parking is available at Epworth Hawthorn directly across the road

### LOCATION

NIIM is located approx. 6kms from the CBD - please refer to the location map below

If you are interested in being considered or have enquiries, please don't hesitate to email or call Professor Meg Morris [m.morris@latrobe.edu.au](mailto:m.morris@latrobe.edu.au) 0433 405 662

Thankyou!!!

